University of Minnesota Medical School
Flexible MD Program

FINAL REPORT

Name: Jaime Loso

Date: 

ID #: I am currently in the Class of: 2015

Address: 

Phone: Email: 

Category of your academic project/experience:

- [x] Research
- [ ] Community-based service learning
- [ ] Global Health
- [ ] Advanced course, certificate program
- [ ] Dual degree program Location
- [ ] Additional degree Location
- [ ] Other:

Brief project/experience description:

I designed and worked on two research projects at the VAMC with Dr. Erin Warshaw. My first project explored the correlation between body piercings and metal sensitivities and resulted in a published abstract and pending journal article in "Dermatitis." I had the privilege of presenting at the ACDS annual meeting in February and attending the American Academy of Dermatology annual meeting. My second project is ongoing, looking at dermatology consults from other providers for suspicious lesions and how many ended up being malignant vs. incidental lesions found by dermatologists on full body skin exams that end up being malignant. It has been a collaborative effort with other research staff and a great learning experience. I was also able to partake in some clinical rotations during my Flex MD time which has been very helpful in keeping me grounded in why I am in medical school.

During the past year I've been able to continue working with my scribe company and have expanded to numerous new clinical and hospital settings. I've learned a lot about the business side of medicine and found new ways to improve provider efficiency, accuracy and satisfaction while also improving the patient's experience of having a physician fully present when less consumed by the burden of documentation.
Describe how the project supported your progress towards the MD degree and/or your future career path in medicine:

I am so grateful for the opportunities the Flex MD program has provided me. When I find topics I'm interested but feel less than clear about, I now feel confident I can tackle the literature and find an answer, or at least appreciate the scope of what's known and move forward to design a project to gain further knowledge if deemed necessary. I have a much better understanding of the layers of teaching involved in medical school and beyond; I want to be a part of that now and in the future. More than anything, I appreciate those physicians that take time out of their very busy days to care about medical students getting a real education, beyond the books and note-writing. I am now more open to any specialty and will be more present in each rotation and what it offers (and doesn't) to the care of the whole patient. I know myself better and will be more apt to make a career decision that fits my strengths.

List competencies/academic requirements achieved. Check all that apply and provide method (see attached sheet for competency definitions):

<table>
<thead>
<tr>
<th>Competencies/academic requirements</th>
<th>Method(s)</th>
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<tbody>
<tr>
<td>□  Medical Knowledge</td>
<td></td>
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<tr>
<td>□  Grand rounds, journal club, continued literature review</td>
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<tr>
<td>□  Clinical Skills and Patient Care</td>
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<tr>
<td>Saw patients for 3 weeks at HCMC's patch test clinic with Dr. Warshaw</td>
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<tr>
<td>□  Scientific and Clinical Inquiry</td>
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<tr>
<td>Continued work on two research projects</td>
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<tr>
<td>□  Professionalism</td>
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<td>Learned from one of the best, Dr. Warshaw, as she navigates life &amp; work</td>
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<tr>
<td>□  Interpersonal and Communication Skills</td>
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<td>□  Systems of Health Care</td>
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<tr>
<td>□  Continuous Improvement of Care Through Reflective Practice</td>
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Did this experience produce a scholarly outcome?  ☑ Yes  ☐ No

If yes, check all that apply and provide details:

Outcome type

☐ Research paper

☑ Journal article
  Accepted for publication in "Dermatitis"

☐ Poster presentation

☑ Presentation at a meeting
  American Contact Dermatitis Society annual mtg in Miami, FL on 2/28/13

☐ Reflective writing

☐ Audio or video project

☐ Art project

☐ Other:

Information for future students who may undertake a similar project or one related:

Find something you're interested in, then find someone to mentor you. If you're willing to do the work, someone will be willing to help you out. Dr. Warshaw is amazing if you get a chance to work with her.